

## 《看脸的世界：颜值高的人讲笑话“笑”果更好》

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Why good looks make you funnier: Research finds women will laugh at a man's jokes if she thinks he's attractive

If you're looking for a mate with a good sense of humour, their ability to tell a joke may be less important than you think.

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For scientists say that whether we laugh or not depends more on how much we like a person than if they really are funny.

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Sophie Scott, a professor of neuroscience at University College London, said: 'You hear women say, I really fancy him, he really makes me laugh.'

????????University College London????????·????Sophie Scott????“????????????????????????????????



'What she means is, he's really attractive and I laugh because I fancy him. It's to do with how much they like him.'

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She told the British Science Festival in Bradford that laughter seems to have its roots deep in evolution, and remains 'extremely socially important'.

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'When you laugh with people you show you agree with them,' she said. 'You are showing you like them – if you didn't you would withhold that laughter.'

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Laughter can also diffuse tension in established relationships, with couples who laugh together, staying together.

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The professor's own research found that laughter, unlike the sweet sigh of contentment or the cheer of triumph, are cross-cultural, with people with remote parts of Africa recognising when a Westerner is amused and vice versa.

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She said: 'It's looking like laughter might be an emotion that is part of our evolutionary history, it's part of our make-up.'

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Laughter, it seems, helps us in all sorts of situations.

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Professor Scott said: 'It seems to be a socially extremely important emotion.

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'It is an emotion you primarily find in social settings - you are 30 times more likely to laugh if you are with somebody else than if you are on your own.

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'And you will laugh more if you know them and you will laugh more if you like them.

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'If you ask human beings when do you laugh, they talk about jokes and they talk about comedy and humour.

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'If you look at when they laugh, it's in the interactions that you find the most laughter, which means that in practice that you laugh most during conversations with other people.

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'Interestingly, you are still very rarely laughing at jokes.'

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The professor advises us all to make time to laugh.

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She said that while some people go to comedy clubs or even do laughter yoga – the term for a self-help group in which people force themselves to laugh – nothing beats having a good giggle with your friends.

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Professor Scott said: 'At its heart, the natural place where you find laughter is in interactions, so I would say give yourself as many opportunities to laugh with the people who make you laugh.

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'Don't think that is time wasted, it is probably one of the best things you can do with your time.'

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Vocabulary

diffuse??????

cross-cultural?????

interaction???

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