

《上班汪必知的日常英语表达》

#1 My Morning Coffee Makes Me Perk Up

I'm not a morning person (someone who has a lot of energy in the morning), so I need some coffee to help me perk up. The phrasal verb perk up describes when someone becomes happier and in a better mood after feeling not so good.

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Perk up ??????????????????????????????coffee?perk me up.

Perk up ???To refresh the appearance of ??...?????

New furniture and paint perked up the room. ??????????????



#2 I Look Through My E-Mails And Dash Off Quick Replies

I get a ton of (a very large number of) e-mails, so one of the first things I do is look through my messages. To look through means to look at a number of things quickly.

I also dash off replies to any messages that need quick responses – the phrasal verb dash off means to write (and usually send) something fast.

??Look through????????????????????

????????????????????????????????dash off????????????????????

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A ton of/tons of????????????????????

????????????tons of emails???check??cc?carbon copy??

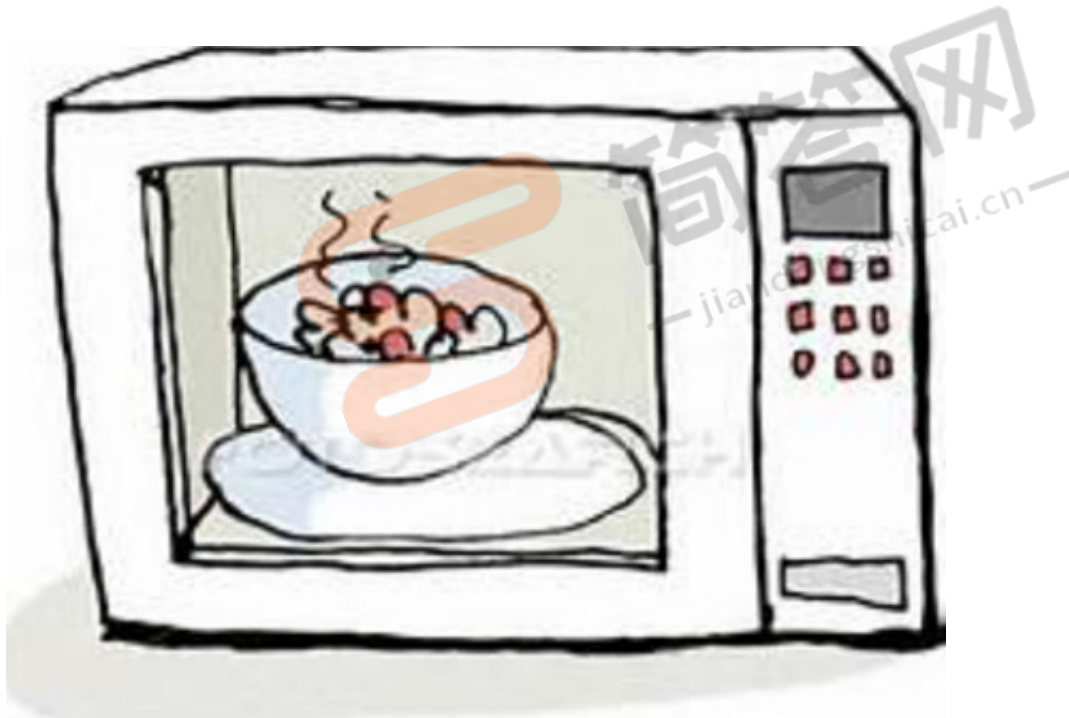
????????????????????look through????????????dash off????????



The main part of my work is coming up with new ideas. The phrasal verb come up with means to create or invent.

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Come up with a solution ??????????



If I have leftover food (food that I prepared previously and saved), then I heat it up using the microwave, stove, or oven. To heat up food means to raise the temperature, to make it hot.

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??heat up/ microwave ???? ??Topic ??????????topic begins to heat up????????????????



#5 I Flesh Out My Ideas

I have a lot of ideas for the project and I try to flesh them out.

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????/???????? ?????????????????????????????????????to flesh out your project.

????????????????????The author could flesh out these articles.

