

《高考英语阅读理解真题144(含答案解析)》

2018全国1卷

B

Good Morning Britain ' s Susanna Reid is used to grilling guests on the sofa every morning, but she is cooking up a storm in her latest role — showing families how to prepare delicious and nutritious meals on a tight budget.

In Save Money: Good Food, she visits a different home each week and with the help of chef Matt Tebbutt offers top tips on how to reduce food waste, while preparing recipes for under £ 5 per family a day. And the Good Morning Britain presenter says she ' s been able to put a lot of what she ' s learnt into practice in her own home, preparing meals for sons, Sam, 14, Finn, 13, and Jack, 11.

"We love Mexican churros, so I buy them on my phone from my local Mexican takeaway restaurant," she explains. "I pay £ 5 for a portion(一份), but Matt makes them for 26p a portion, because they are flour, water, sugar and oil. Everybody can buy takeaway food, but sometimes we ' re not aware how cheaply we can make this food ourselves. "

The eight-part series(系列节目), Save Money: Good Food, follows in the footsteps of ITV ' s Save Money: Good Health, which gave viewers advice on how to get value from the vast range of health products on the market.

With food our biggest weekly household expense, Susanna and Matt spend time with a different family each week. In tonight ' s Easter special they come to the aid of a family in need of some delicious inspiration on a budget. The team transforms the family ' s long weekend of celebration with less expensive but still tasty recipes.

24. What do we know about Susanna Reid?

- A. She enjoys embarrassing her guests.
- B. She has started a new programme.
- C. She dislikes working early in the morning.
- D. She has had a light budget for her family.

25. How does Matt Tebbutt help Susanna?

- A. He buys cooking materials for her.
- B. He prepares food for her kids.
- C. He assists her in cooking matters.
- D. He invites guest families for her.
26. What does the author intend to do in paragraph 4?
- A. Summarize the previous paragraphs.
- B. Provide some advice for the readers.
- C. Add some background information.
- D. Introduce a new topic for discussion.
27. What can be a suitable title for the text?
- A. Keeping Fit by Eating Smart B. Balancing Our Daily Diet
- C. Making yourself a Perfect Chef D. Cooking Well for Less

答案解析：

24. B 根据第一段中的描述 "she is cooking up a storm in her latest role — showing families how to prepare delicious and nutritious meals on a tight budget." 可以推断出Susanna Reid开始了她的新角色，即在一个新的节目中展示如何为家庭准备美味且营养的实惠餐点。选项A、C和D在文中没有提及。

25. C 根据第二段中的描述 "with the help of chef Matt Tebbutt offers top tips on how to reduce food waste, while preparing recipes for under £ 5 per family a day." 可以确定Matt Tebbutt帮助Susanna在烹饪方面提供专业的建议和技巧。选项A、B和D在文中没有提及。26. C

第四段提到了之前的系列节目 "Save Money: Good Health"，这是在为当前的节目 "Save Money: Good Food" 添加背景信息，说明这个新节目是跟随着一个成功的系列节目。因此，作者在这一段意在添加背景信息。选项A、B和D不符合段落内容。

27. D 文章的主要内容是关于Susanna Reid和Matt Tebbutt如何帮助家庭在预算有限的情况下准备美味且营养的餐点。因此，"Cooking Well for Less" 最适合作为文章的标题，它概括了文章的主题。选项A、B和C虽然与食

物相关，但不如选项D准确地反映了文章的核心内容。

